



# *From Farmer's Plot to Restaurant Pot*

---

*A historical look at the food  
scene in UpTown Waterloo*

# Walking Tour Content

## Topics

- Ellis Little Local History Room at Waterloo Public Library
  - Food Day Canada & Anita Stewart
  - Indigenous people in the area
- Abraham Erb/Jacob Snider's saw mill and grist mill
  - Waterloo County Fare
    - Edna Staebler
  - Farming & gardening
    - Home cooking
  - Farm-to-table, organic, local
- Foodlink Waterloo Region, the Food Bank & sharing our food
  - Andrew Coppolino

## Markets (current)

- UpTown Market, Public Square
- Bailey's Local Foods (online farmers' market)
  - Herrle's
  - Kitchener Market
- St. Jacobs Farmers' Market

## Grocery stores (current)

- Bob's Valu Mart
  - Dutch Boy
  - Vincenzo's

## Restaurants, cafes, snack shops, diners, shops, etc. (current)

- Angie's Kitchen
- Aroma Café
- Bauer Kitchen
- Beertown

Restaurants, cafes, snack shops, diners, shops, etc. (current) continued...

- Death Valley's Little Brother
  - Ethel's Lounge
  - Harmony Lunch
    - Jane Bond
- Joy of Flowers (English food treats & flowers)
  - Just Love Pie
    - Marbles
- Ontario Seed Home Hardware
  - Park Inn, Waterloo Park
    - Princess Café
  - Seven Shores Café
    - Sole
    - Wildcraft

#### Hotels, Taverns & Bars (current)

- Duke of Wellington
- Huether's Hotel
- Waterloo Hotel

#### Bakeries (current)

- Sabletine

We would also like to acknowledge the food truck scene in Waterloo and in particular Ish & Chips and The Wok Wagon as two of the earliest in our area.