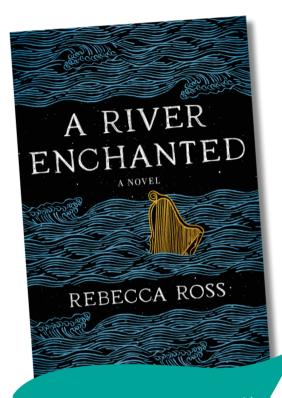
# **Featured Reviews**



Reviewed by blogger Ikhlas H.

### Hot and Bothered: What No One Tells You About Menopause lancee Dunn

Dunn explores the often-overlooked aspects of menopause with a blend of humour, information, and personal anecdotes. She interviews experts and addresses the thirty-four common symptoms of menopause—like hot flashes, brain fog and mood changes, among others—shedding light on the lack of medical education about this life stage.

Throughout, Dunn maintains a gently humorous tone, offering suggestions rather than imposing solutions. Personal stories and quotes from celebrities like Michelle Obama and Gillian Anderson are woven into the narrative, making the book relatable, engaging and more fun than you might expect.

### A River Enchanted Rebecca Ross

The story opens with Jack, a bard on the mainland, being called back home to Cadence by his old nemesis, the Laird of the island, Adaira, to help solve the mystery of missing girls.

Cadence is a magical place that is split into the East and the West, and two warring clans that do not meet. As lack and Adaira work together, they discover the clans have more in common than they ever realized and their history runs deep. A River Enchanted is an immersive novel that takes you on a journey to an enchanting island you never want to leave.

Reviewed by blogger Penny M.

## HOT AND BOTHERED

What No One Tells You About Menopause<sup>★</sup>



## **Featured Reads** Winter 2024 Find Your Next Read

Based on diaries of a dedicated 18th-century midwife, this historical fiction is a combination of murder mystery and romance. A vivid portrait of a formidable woman that will keep you reading.

> ARIEL LAWHON



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A 3,400 KILOMETRE ODYSSEY FROM MY DOORSTEP TO THE ARCTIC

WHERE THE 🛰 FALCON ADAM SHOALTS BESTSELLING AUTHOR OF BEYOND THE TREES

populated GTA to the remote tundra of the High Arctic in celebration of the peregrine falcon.

> Waterl∞ PUBLIC LIBRARY

# **Featured Fiction**

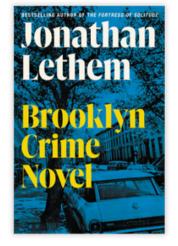
# **Featured Non-Fiction**





The Helsinki Affair Anna Pitoniak

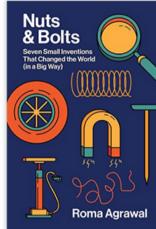
The Good Part Sophie Cousens

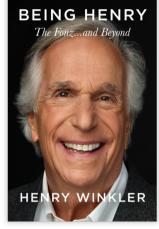


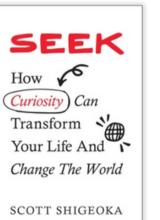
Brooklyn Crime Novel Jonathan Lethem

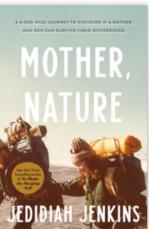


Shoot the Moon Isa Arsén









**Upstairs** 

DELICATESSEN

-On- EATING, READING, READING -About- EATING, & EATING -while- READING

**DWIGHT GARNER** 

The Upstairs

Delicatessen

Dwight Garner

**KELLY AND ZACH WEINERSMITH** 

A CITY ON

MARS

CAN WE SETTLE SPACE, SHOULD WE SETTLE SPACE,

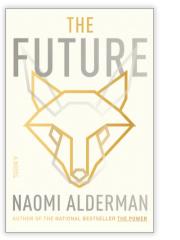
AND HAVE WE REALLY THOUGHT THIS THROUGH

A City on Mars

Kelly and Zach

Weinersmith

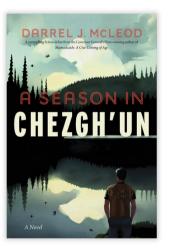
Mother, Nature Iedidiah Jenkins



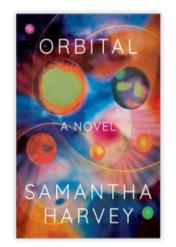
The Future Naomi Alderman



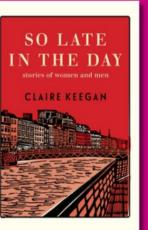
Above the Salt Katherine Vaz



A Season in Chezgh'un Darrel J. McLeod

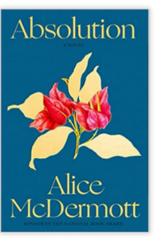


Orbital Samantha Harvey

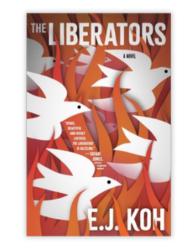


## So Late in the Day **Claire Keegan**

A virtuoso collection of related stories by an internationally renowned author, exploring shifting relationships between women and men with attention paid to the causes for the shifts.

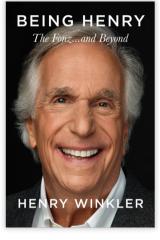


Absolution Alice McDermott

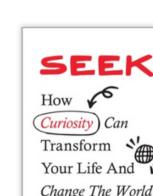


The Liberators E.J. Koh

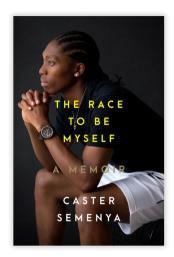
Nuts & Bolts Roma Agrawal



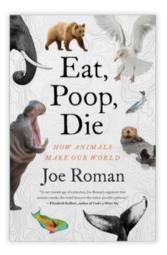
**Being Henry** Henry Winkler



Seek Scott Shigeoka



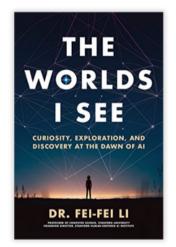
The Race to Be Myself Caster Semenya



Eat, Poop, Die loe Roman



The Autists Clara Törnvall



The Worlds I See Dr. Fei-Fei Li

## Airplane Mode Shahnaz Habib

Delve deep into the cultural history of travel and tourism considering the impact of colonialism and consumerism - in this engaging Indian-American memoir, with splashes of humour.

